

Seed to Sprout

P R E S C H O O L

OCTOBER 2023 NEWSLETTER

THIS MONTH



Our fairytale in October will be Goldilocks & The 3 Bears. As the month goes on, your child should be able to start retelling the story with increasing detail. We will also have a costume day on the 31st--please leave accessories your child can't manage on their own at home.



IMPORTANT DATES

Oct. 13
Enrichment Friday
Combined classes 9-11 am

Oct. 24-26
No school--fall break

Oct. 31
Wear your costume



HAPPY BIRTHDAY

3rd Dallin
4th Taylor
10th Jack
26th Emersyn
27th Emma



AFFIRMATIONS



I Have Good Ideas
I Am Capable



RECYLABLES

Please collect the following recyclable items this month:



Toilet Paper and
Paper Towel Rolls

WHY PLAY??

THE SIGNIFICANCE OF OUTDOOR PLAY IN CHILDHOOD GROWTH

In today's digital era, where children are increasingly drawn indoors, the significance of spending even a few hours each week playing outside cannot be overstated. Outdoor play offers various benefits that surpass indoor activities in numerous ways.

BOOSTS MOTOR DEVELOPMENT

Outdoor play offers unique opportunities for children to engage in activities like climbing, jumping, running, and balancing on natural terrain, which significantly enhances muscle strength and coordination beyond what indoor play can achieve.



IMPROVES FOCUS AND REDUCES STRESS

The exposure to natural light, soothing sounds, and expansive outdoor spaces provides a much-needed break for overstimulated young minds, allowing them to recharge and refocus their attention with greater clarity and tranquility.

PRO TIP:

Weather-appropriate clothing can make or break your child's enjoyment of time spent outside!



SPARKS IMAGINATION AND CREATIVITY

The abundance of natural materials, vast open spaces, and less structured environment in the outdoors serves as a fertile ground for nurturing children's imagination, fostering creativity, and encouraging inventive storytelling.

BUILDS RESILIENCE AND RISK-MANAGEMENT

Embracing challenges like navigating unfamiliar terrains, overcoming heights, and adapting to varying weather conditions during outdoor play instills vital life skills of resilience and risk management, all within a safe and controlled environment.

CONNECTS CHILDREN TO NATURE

Unstructured time spent in natural settings not only ignites wonder and curiosity in young minds but also fosters a deep appreciation and respect for the environment from an early age, nurturing a lifelong connection with nature.

Embrace the wonders of outdoor play as a gateway to a world of boundless exploration and growth for your children. By nurturing their connection with nature and providing unstructured, outdoor experiences, you equip them with invaluable life skills and a profound appreciation for the world around them.

"DON'T JUST TELL YOUR CHILDREN ABOUT THE WORLD, SHOW THEM"

PENNY WHITEHOUSE



COLD AND WET WEATHER IS RIGHT AROUND THE CORNER--KEEP YOUR CHILD WARM THIS WINTER WITHOUT THE HASSLE OF SENDING COLD-WEATHER CLOTHING BACK AND FORTH TO SCHOOL!

THIS YEAR **SEED TO SPROUT** WILL BE OFFERING WINTER CLOTHING BUNDLE RENTALS.

JAN & JUL



\$125
VALUE

MORE DETAILS AND A CHANCE TO RESERVE LANDS IN YOUR INBOX TODAY!