

Seed to Sprout

P R E S C H O O L

MAY 2024 NEWSLETTER

THIS MONTH

I can't believe we are in the final month of preschool. Your children have grown so much over the last 9 months and it has been a privilege to work with each of them!

The Princess and the Pea will be our last fairy tale of the year. It has been so much fun watching the children learn each of these stories so well!



IMPORTANT DATES

May 22nd
Year-End Program
May 23rd
Last Day of School

See page 2 for details!

HAPPY BIRTHDAY

May 2nd Lucas
May 22nd Willa



AFFIRMATIONS

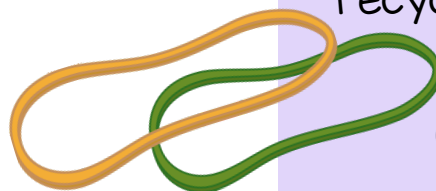
I Will Love Myself
I Am Unique



RECYLABLES

Please collect the following recyclable items this month:

Rubber Bands
(all shapes and sizes)



2024

YEAR-END PROGRAM

YOUR CHILDREN HAVE BEEN PRACTICING HARD AND ARE SO EXCITED TO SHARE SOME FUN SONGS WITH YOU, AS WELL AS SHOW OFF SOME OF THEIR ART FROM THE YEAR.

WEDNESDAY MAY 22ND
SOUTH JORDAN LIBRARY
10673 S. REDWOOD RD.

AM CLASS: 5:00 PM · PM CLASS: 5:45 PM

EXTENDED FAMILY ARE INVITED TO ATTEND. WE WILL START PROMPTLY, SO PLAN TO ARRIVE A FEW MINUTES EARLY.

WHY PLAY??

BEYOND IMAGINATION: EXPLORING THE BENEFITS OF PRETEND PLAY

Pretend play, also known as imaginative play, symbolic play, or make-believe play, is a form of play where children use their imagination to create scenarios and act out different roles. It is a critical part of their development as it allows them to imitate real-life situations, explore different social roles, and even invent completely new, fantastical worlds.

BOOSTS LANGUAGE AND LITERACY SKILLS

Children practice using new vocabulary, telling stories and following multi-step instructions as they act out pretend scenarios.



IMPROVES SELF-REGULATION AND EXECUTIVE FUNCTION

Children set their rules, which requires self-control and discipline. It can improve their ability to plan, coordinate, and execute actions, enhancing their executive function skills.

SUPPORTS SOCIAL AND EMOTIONAL DEVELOPMENT

Taking on different roles helps children understand others' perspectives, develop empathy, and learn to cooperate and resolve conflicts.



STRENGTHENS CREATIVITY AND IMAGINATION

There are no "right answers" in pretend play. Giving children freedom to explore new ideas and solutions in an unstructured way stimulates creativity and innovation.



Dramatic PLAY

MIRRORS REAL-LIFE SITUATIONS

Pretend play often involves activities like cooking, shopping, or cleaning, helping children learn and practice these life skills in a fun and engaging way.

Pretend play is an essential tool for children's growth—by fostering this play, we enable the development of creativity, social skills, and cognition. In promoting it, we cultivate their creativity and essential life skills.

"PRETEND PLAY ALLOWS CHILDREN TO PRACTICE AT LIFE - WHETHER IT'S SLAYING THEIR FEARS OR LIVING THEIR DREAMS. PLAY IS A CHILD'S WAY OF EXPLORING LIFE'S MYSTERIES."

DR. ASHELY SODERLUND

References: Bergen, D. (2002). The role of pretend play in children's cognitive development. *Early Childhood Research & Practice*, 4(1). Lillard, A. S., et al. (2013). The impact of pretend play on children's development: a review of the evidence, *Psychological Bulletin* 139(1)