

# Seed To Sprout Preschool

● ● ● **October 2024** ● ● ●



We've had a great start to our year! We've been enjoying fresh veggies from the garden for snack, exploring all of the creative ways to use our classroom materials, and making new friendships! October is a busy month--we'll introduce a new fairytale and artist and look forward to showing off costumes on Halloween!

## Important Dates

Oct. 3rd  
Winter Clothing Due

Oct 22nd-24th

NO SCHOOL  
Fall Break

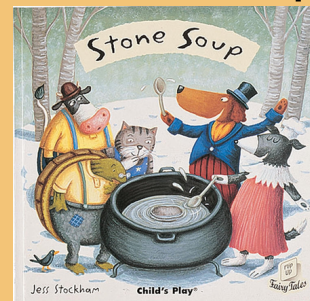
Oct 31st  
Wear Halloween  
Costumes!

## Birthdays

1st Liam H.  
4th Taylor  
10th Jack  
13th Sam  
26th Emersyn  
28th Emma

## Fairytale

### Stone Soup



# WHY WE PLAY

## ● ● ● For Resilience ● ● ●

When you see children playing, have you ever noticed how often they fail? Towers crash down, invented games fall apart, feelings and knees may get bruised.

When children are engrossed in something they've chosen and directed, you don't have to explain to them the value of grit.

Motivation and reward are partners with play.



Children need resilience, the ability to bounce back from setbacks. They need to have the confidence and the coping skills to handle defeat and disappointment. **Not one of those elements sounds fun on its own, but they all happen naturally in play.**

Research psychologist Angela Duckworth found that across many different fields, the most **successful** applicants were not those who had the highest IQs, but those who were **persistent** and who **persevered** in spite of difficulties and frustration.

In a safe environment where children can calculate risk, take chances, fail, and try again, children will learn from their mistakes. They learn how to adjust, compensate, and make informed decisions. They learn how to stick with something they're passionate about, even when it's hard or frustrating.