

# SEED TO SPROUT PRESCHOOL

● ● ● November 2024 ● ● ●



As we head into the busy holiday months, it's not uncommon for young children to experience an increase in emotional dysregulation. Be mindful of late nights, overstimulation from holiday activities, changes in schedule, and more sugar than usual--they are often the culprit when your child is having a meltdown. Practice patience and be sure to plan some extra down time after big events.

## Important Dates

November 26th  
Friendship Feast

November 27-28  
NO SCHOOL  
Thanksgiving Recess

## Birthdays



## Storytelling

The Tortoise &  
The Hare



# WHY WE PLAY

● ● ● For Writing ● ● ●

Many parents believe their young children don't write yet. But if your child has ever put a mark to a paper, scribbled a story, or drawn a picture and then told you what it meant, they are writing!



Like many skills, writing follows a **developmental progression**. The skill doesn't simply jump from not writing to conventional writing. Instead, it follows a predictable evolution. **Even seemingly random marks, scribbles, and shapes show a child's progress.**

You'll see children writing in our room, not only when they put pencil to paper in the **writing area** or in **journals** or other traditional writing activities. You'll also find it in the **dramatic play** area, on **lists** around our room, and in **sensory-based** writing activities like sand or salt trays.

In addition to playing with the concept of writing, we recognize that children need to build the muscles in their hands, arms, and core in order to take on the physical task of writing. That's why activities like squishing playdough, climbing ladders on the playground, squeezing tweezers, and threading beads are found throughout our classroom. Every time we engage children with their hands and eyes, we are helping them to prepare to write. While some people think the best way to get children to write is to have them sit down and write, child development tells us otherwise.