

Seed to Sprout Preschool



March 2025



Spring is in the air, but some days are still pretty chilly--PLEASE ensure that your child comes to school with proper attire for outdoor play. There are no school breaks in March, but to plan ahead, be sure to mark your calendar for Spring Break on April 1-3.

Important Dates

April 1-3
NO SCHOOL
Spring Break



Birthdays

2nd Teddy

Storytelling

Thumbelina



WHY WE PLAY

● ● ● For Imagination ● ● ●

Symbolic play — where one thing represents something else — may seem inconsequential to some, but it's actually a pre-literacy hallmark. Whenever a person reads, they're scanning across a series of symbols. Together, those symbols make words, and those words carry ideas. But what we actually see or hold is very different than what is going on in our minds. When children play pretend, they are making this same cerebral leap. A block can be a phone. A towel can be a baby. A rock can be a penguin. And marks on a page can be a story.



The foundational learning that goes on in pretend play is powerful. In addition to the symbolic play that prepares the brain for reading, pretend play often goes hand in hand with language practice, dialogue development, and story structure, all of which continue to prepare young

minds for the eventual tasks of literacy. Many life-skills are practiced in pretend play. Problem-solving, perspective taking and empathy building, fine motor control, are just a few of the many valuable skills a child can gain.

As Fred Rogers said, “Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood.”